

Creativity Inventory

Instructions: Creative people have characteristics that set them apart from non-creative people. For *PART 1 and 2* answer the following questions using the following scale: **5 = always; 4 = almost always; 3 = usually; 2 = sometimes; or 1 = rarely.**

PART 1: Are you:

- | | | | | | |
|---------------------|---|---|---|---|---|
| • independent? | 5 | 4 | 3 | 2 | 1 |
| • persistent? | 5 | 4 | 3 | 2 | 1 |
| • highly motivated? | 5 | 4 | 3 | 2 | 1 |
| • skeptical? | 5 | 4 | 3 | 2 | 1 |
| • disorganized? | 5 | 4 | 3 | 2 | 1 |
| • gregarious? | 5 | 4 | 3 | 2 | 1 |
| • persistent? | 5 | 4 | 3 | 2 | 1 |

Add the circled numbers for a total score: _____

PART 2: Do you:

- | | | | | | |
|--|---|---|---|---|---|
| • try new restaurants? | 5 | 4 | 3 | 2 | 1 |
| • have a sense of humor? | 5 | 4 | 3 | 2 | 1 |
| • take risks? | 5 | 4 | 3 | 2 | 1 |
| • ignore and overcome obstacles? | 5 | 4 | 3 | 2 | 1 |
| • take time to relax? | 5 | 4 | 3 | 2 | 1 |
| • drive over the speed limit on interstate highways? | 5 | 4 | 3 | 2 | 1 |

Add the circled numbers for a total score: _____

For *PART 3* circle the appropriate yes or no response.

PART 3: As a child, did you:

- | | | |
|--|-----|----|
| • have exposure to diverse cultures? | YES | NO |
| • have unusual freedom to explore? | YES | NO |
| • receive encouragement to make decisions on your own? | YES | NO |
| • face adversity (death, physical problems, etc.)? | YES | NO |
| • have parents who had cultural and intellectual interests? | YES | NO |
| • experience a family divorce or separation? | YES | NO |
| • have a parent or parents who lost a job or financial security? | YES | NO |

Total the number of YES responses and multiply by 5: _____

Total points for PARTS 1, 2, and 3: _____

The behaviors and experiences above are ones associated with creativity. The higher your score (*Total of 100 points*), the more likely it is for you to see multiple options, look situations with a unique perspective and/or find new ways to solve problems.

"Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun."
- Mary Lou Cook